

The Ohio Chapter of the American College of Cardiology presents

# The Ohio-ACC Spring Summit 2015

Wednesday, April 29, 2015

The Ritz-Carlton, Cleveland

**52nd Annual Carl J. Wiggers Memorial Lecture**

**Hypertrophic Cardiomyopathy:  
A Contemporary and Treatable Disease**

**Guest Lecturer: Barry J. Maron, MD, FACC**

**preceded by the  
8th Annual Cardiovascular Update**

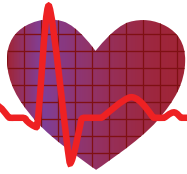


Ohio  
CHAPTER



AMERICAN  
COLLEGE of  
CARDIOLOGY

Jointly Sponsored/Co-Provided by  
The American College of Cardiology Foundation and  
The Ohio Chapter of the American College of Cardiology



## **Ohio-ACC Spring Summit 2015**

### **Eighth Annual Cardiovascular Update**

Wednesday, April 29, 2015  
12:15-5:30 p.m.  
The Ritz-Carlton, Cleveland  
Cleveland, OH

12:15-12:55 p.m.    **Registration & Exhibits**

12:55 p.m.            **Introductions and Overview**  
Laxmi S. Mehta, MD, FACC and Anna M. Broz, RN, MSN, CNP, AACC

1:00-2:00 p.m.      **TAVR 2015**  
Samir R. Kapadia, MD, FACC

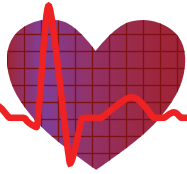
2:00-3:00 p.m.      **Lipid Management Current Guidelines: What's on the Horizon**  
Anna M. Broz, RN, MSN, CNP, AACC and Katie M. Greenlee, PharmD

3:00-3:30 p.m.      **Break**

3:30-4:30 p.m.      **Transition of Care for the Heart Failure Patient:  
From Inpatient to Outpatient**  
Julie Gee, RN, MSN, CNP, Sherry K. M. LaForest, PharmD,  
Kimberley K. Schaub, PhD

4:30-5:30 p.m.      **Atrial Fibrillation: Interventional Approaches**  
Tyler L. Taigen, MD and Eric A. Espinal, MD, FACC





## **Ohio-ACC Spring Summit 2015**

### **52nd Annual Carl J. Wiggers Memorial Lecture**

Wednesday, April 29, 2015  
5:30-8:45 p.m.  
The Ritz-Carlton, Cleveland  
Cleveland, OH

5:30-6:30 p.m.      **Registration and Reception**

6:30 p.m.          **Dinner**

7:15-8:45 p.m.      **52nd Annual Carl J. Wiggers Memorial Lecture**  
*Hypertrophic Cardiomyopathy: A Contemporary and Treatable Disease*  
Guest Lecturer: Barry J. Maron, MD, FACC

### **A Brief History of the Carl J. Wiggers Memorial Lecture**

The Carl J. Wiggers Memorial Lecture was established in 1963, the year of Dr. Wiggers' death. He retired in 1953 as Chairman of the Department of Physiology at Western Reserve University. He was President of the American Physiological Society and wrote almost 400 scientific papers and eight textbooks. He founded the journal *Circulation Research* in 1952. His legacy, however, is that he trained many of the world's cardiovascular leaders. Carl Wiggers personally trained 38 department heads and/or research directors.



**About the 2015 Carl J. Wiggers Memorial Guest Lecturer**

*Barry J. Maron, MD, FACC*

Dr. Barry Maron graduated from Occidental College (Los Angeles) in 1963 and received his M.D. degree from Tulane University (New Orleans) in 1968. His cardiology fellowship was at the Johns Hopkins Hospital (Baltimore).


He has been Director of the Hypertrophic Cardiomyopathy Center program at the Minneapolis Heart Institute Foundation for over 20 years (1993-present), and is currently Adjunct Professor of Medicine, at both Mayo Clinic and Tufts School of Medicine. Prior to that, he was Senior Investigator in the National Institutes of Health (National Heart, Lung and Blood Institute) Cardiology Branch for 21 years (1972-1993).

Among his awards are the Distinguished Alumnus Award from Tulane School of Medicine; Life Achievement Awards from European Society of Cardiology, Japanese Circulation Society and Israeli Heart Society; American Heart Association Heart and Stroke Award, Morgagni Award (Padua, Italy), Simon Dack Scholarship Award, and Distinguished Clinical Scientist Career Award (American College of Cardiology) in 2008.

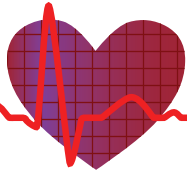
Dr. Maron has authored 880 original peer-reviewed articles, book chapters and other contributions to the literature, as well as 325 abstracts and 7 books including the well-regarded “Hypertrophic Cardiomyopathy: For Patients, Their Families and Interested Physicians”.

Research initiatives have included the diverse clinical and pathologic aspects of hypertrophic cardiomyopathy over a 40 year career, including development of risk stratification guidelines and the introduction of implantable defibrillators for prevention of sudden death in adults and children with hypertrophic cardiomyopathy. In addition, a new segment of cardiovascular medicine has been developed defining the causes of sudden death in trained athletes (including due to blunt chest blows [commotio cordis]), strategies for preparticipation screening, and criteria for disqualification vs. eligibility with cardiovascular abnormalities.

Dr. Maron has been chair or co-chair of 12 ACC/AHA/ESC guidelines or consensus panel documents including all 3 Bethesda Conferences (#16, #26, #36) concerning criteria for disqualification of competitive athletes with cardiovascular disease, as well as major guidelines for management of hypertrophic cardiomyopathy in 2003 and 2011, and director of 9 international conferences on hypertrophic cardiomyopathy.



---



## PLANNING COMMITTEE

### CV Team Planning Committee

**Anna M. Broz, RN, MSN, CNP, AACC****Activity Program Co-Director**

Certified Adult Nurse Practitioner  
North Ohio Heart Center  
Lorain, OH

**Robert Barcelona, PharmD, BCPS**

Clinical Pharmacy Specialist, Cardiology  
Department of Pharmacy Services  
University Hospitals Case Medical Center  
Cleveland, OH

**Barbara J. Bell, RN, MSN, ACNP**

Nurse Practitioner  
Division of Cardiovascular Health and Diseases  
University of Cincinnati  
Cincinnati, OH

**Elizabeth Dick, MSN, ACNP-BC, CVNP-BC**

Cardiovascular Nurse Practitioner  
Marietta Memorial Hospital  
Marietta, OH

**Theresa M. Garriss, MSN, NP-C**

Coordinator, Advanced Heart Failure/Post Transplant  
University of Toledo Medical Center  
Toledo, OH

**Melanie T. Gura, RN, MSN, CNS, CCDS, FHRS, FAHA, AACC****Nurse Planner**

Director, Pacemaker & Arrhythmia Services  
Northeast Ohio Cardiovascular Specialists  
Akron, OH

**Shirlen Metersky, MSN, CNP, CCRN-CMC**

Cardiology Nurse Practitioner  
OhioHealth Heart & Vascular Physicians  
Columbus, OH

**Sandra L. Smith, RN, MSN, CNP, AACC**

Adult Nurse Practitioner  
Cardiology/Electrophysiology  
Heart & Vascular Institute  
Cleveland Clinic  
Richard E. Jacobs Center  
Avon, OH

**Tanya S. Verga, RN, BSN**

Pacemaker and Arrhythmia Services  
Northeast Ohio Cardiovascular Specialists  
Akron, OH

**Cindy White, RN, MS, CCRN, ACNP-BC**

Acute Care Nurse Practitioner  
Manager, Good Samaritan Heart and Vascular  
Wellness Center  
Good Samaritan Hospital  
Dayton, OH

### Carl J. Wiggers Memorial Lecture Planning Committee

**William R. Lewis, MD, FACC****Activity Program Co-Director**

Chief of Cardiology  
MetroHealth System  
Professor of Medicine  
Case Western Reserve University  
Cleveland, OH

**William B. Bauman, MD, FACC**

Medical Director of Cardiac Catheterization Laboratory  
Vice Chairman Summa Cardiovascular Department  
Summa Health System  
Professor of Medicine, NEOMED  
Akron, OH

**Christopher J. Cooper, MD, FACC**

Dean, College of Medicine & Life Sciences  
Senior Vice President for Clinical Affairs  
University of Toledo  
President, Ohio Chapter-ACC  
Toledo, OH

**Melanie T. Gura, RN, MSN, CNS, CCDS, FHRS, FAHA, AACC****Nurse Planner**

Director, Pacemaker & Arrhythmia Services  
Northeast Ohio Cardiovascular Specialists  
Akron, OH

**Michael A. Hanna, MD, FACC**

Cardiologist  
Hillcrest Hospital  
Cleveland Clinic Health System  
Mayfield Heights, OH

**Robert E. Hobbs, MD, FACC - Content Expert**

Cardiologist  
Cleveland Clinic  
Immediate Past President, Ohio Chapter of the  
American College of Cardiology  
Cleveland, OH

**Laxmi S. Mehta, MD, FACC**

Clinical Director of the Women's Cardiovascular Health  
Program  
Division of Cardiovascular Medicine  
The Ohio State University  
President-Elect, Ohio Chapter of the American College  
of Cardiology  
Columbus, OH

**Sahil A. Parikh, MD, FACC**

Assistant Professor of Medicine  
Case Western Reserve University School of Medicine  
Director, Experimental Interventional Cardiology  
Laboratory  
Division of Cardiovascular Medicine  
UH Case Medical Center  
Cleveland, OH

**Michael B. Rocco, MD, FACC**

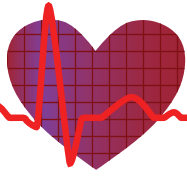
Medical Director, Stress Testing and Cardiac Rehab  
Heart and Vascular Institute  
Assistant Professor of Medicine  
Cleveland Clinic, Case Western Reserve University  
Cleveland, OH

**John W. Schaeffer, MD, FACC**

President  
North Ohio Heart Center  
Elyria, OH

**David A. Zidar, MD, PhD, FACC**

Assistant Professor of Medicine  
Case Western Reserve University  
Cleveland, OH



## INVITED FACULTY

---

**Anna M. Broz, RN, MSN, CNP, AACN**

Certified Adult Nurse Practitioner  
North Ohio Heart Center  
Lorain, OH

**Eric A. Espinal, MD, FACC**

Cardiothoracic Surgery Specialists, LLC  
Akron, OH

**Katie Greenlee, PharmD, BCPS-AQ Cardiology**

Cardiology Clinical Specialist  
Residency Program Director, PGY-1 Pharmacy Practice  
Department of Pharmacy  
Cleveland Clinic  
Cleveland, OH

**Julie Gee, MSN, CNP**

Heart Failure Nurse Practitioner  
Louis Stokes Cleveland VA Medical Center  
Cleveland, OH

**Samir R. Kapadia, MD, FACC**

Professor of Medicine  
Lerner College of Medicine  
Case Western Reserve University  
Director, Sones Cardiac Catheterization Laboratories  
Director, Interventional Cardiology Fellowship  
Cleveland Clinic  
Cleveland, OH

**Sherry K. M. LaForest, PharmD, BCPS**

Clinical Pharmacy Specialist  
Cardiology and Solid Organ Transplantation  
Department of Pharmacy  
Louis Stokes Cleveland VA Medical Center  
Cleveland, OH

**Barry J. Maron, MD, FACC**

Director, Hypertrophic Cardiomyopathy Center  
Minneapolis Heart Institute Foundation  
Minneapolis, MN

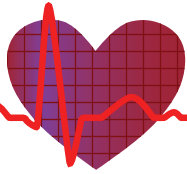
**Kimberley K. Schaub, PhD**

Psychologist  
Louis Stokes Cleveland VA Medical Center  
Cleveland, OH

**Tyler L. Taigen, MD**

Clinical Electrophysiologist  
Medical Director, Atrial Fibrillation Program  
Summa Cardiovascular Institute  
Akron, OH





## GENERAL INFORMATION

---

### **Registration**

*The registration fee for the meeting includes educational materials. The Wiggers Lecture includes reception and dinner. Please note that parking is not included in the registration fee.*

#### Physician:

- \$95 – The Cardiovascular Update & Wiggers Lecture
- \$60 – The Wiggers Lecture only
- \$60 – The Cardiovascular Update only

#### CV Team Member (RN, APN, PA, Pharmacist):

- \$85 – The Cardiovascular Update & Wiggers Lecture
- \$60 – The Wiggers Lecture only
- \$60 – The Cardiovascular Update only

#### Fellow:

- \$15 – The Cardiovascular Update & Wiggers Lecture
- \$10 – The Wiggers Lecture only
- \$10 – The Cardiovascular Update only

*You can register online at [www.ohioacc.org](http://www.ohioacc.org).*

### **Cancellations**

Cancellation requests must be received by Wednesday, April 22, 2015. No refunds will be made after that date.

### **Meeting Location**

The Ritz-Carlton Cleveland  
1515 West Third Street  
Cleveland, Ohio 44113  
(216) 623-1300



**Statement of Need**


Cardiovascular disease is the leading health care problem throughout the world. In the United States alone, an estimated 70 million people have been diagnosed with one or more forms of cardiovascular disease (CV), and over 910,000 Americans die from CV disease each year. The cardiac care team is increasingly asked to develop systems of care, the methods for which are not necessarily part of the traditional medical training. We are asked to do this better, faster, more efficiently and at a lower cost.

**Overall Goal**

Physicians and cardiovascular team members are required to maintain up-to-date knowledge of the latest clinical developments in the practice of cardiology to improve patient outcomes. The overall goal of this activity is to increase learner competence by discovering strategies to anticipate research-driven changes in practice, to enhance professional growth, and to demonstrate efficacy in team based patient care practice as new clinical approaches and technologies change. The Ohio Chapter-ACC Spring Summit will include education that provides needs-based learning covering a thorough overview of TAVR, Atrial Fibrillation: Interventional Approaches, Lipid Management, Transition of Care for the Heart Failure Patient and Hypertrophic Cardiomyopathy.

**Learner Objectives**

Upon completion of this program, participants should be able to:

- Discuss the newer available therapies for aortic valve disease, including TAVR, and appropriately refer patients for these treatments.
  - Compare and contrast the most current interventional treatment strategies for atrial fibrillation.
  - Address and apply the guidelines and the treatment options available for the heart failure patient to minimize re-admissions.
  - Review the literature and guidelines on the use of statin therapy.
  - Integrate the evidence-based research to make appropriate therapeutic decisions to treat patients with hypertrophic cardiomyopathy while discussing the role of ICDs in the prevention of sudden cardiac death.
- 
- 



**Target Audience**

Adult Cardiologists, Pediatric Cardiologists, Cardiothoracic Surgeons, Cardiology Fellows-in-Training, Internal Medicine Physicians, Private Practice Physicians, Nurses, Nurse Practitioners, Clinical Nurse Specialists, Physician Assistants, Pharmacists

**ACCF Disclosure & COI Policy Statement**

ACCF/Chapter committee members, faculty, staff and other individuals who are in a position to control the content of this activity are required to disclose all real or apparent conflicts of interest. All relevant potential conflicts of interest that are identified are thoroughly vetted through a process that includes course directors and appropriate peer review by education committee chairs/members, for fair balance, scientific objectivity and validity, patient care and safety recommendations. Full disclosure will be published in the syllabus.

**Accreditation****Physicians**

This activity has been planned and implemented in accordance with the Essential Areas and policies of the Accreditation Council for Continuing Medical Education through the joint sponsorship of the American College of Cardiology Foundation and the Ohio Chapter of the American College of Cardiology. The American College of Cardiology Foundation is accredited by the ACCME to provide continuing medical education for physicians.


The ACCF designates this live activity for a maximum of 5.5 AMA PRA Category 1 Credit(s)<sup>™</sup>. Physicians should only claim credits commensurate with the extent of their participation in the activity.

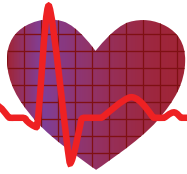
**Nurses**

American College of Cardiology Foundation (ACCF) is accredited as a provider of continuing nursing education by the American Nurses Credentialing Center's Commission on Accreditation.

The ACCF designates this educational activity for a maximum of 5.5 continuing education hours. Requirements for successful completion are attendance in a session in its entirety and completing the evaluation tool.

While offering CME and CNE credits noted above, this program is not intended to provide extensive training or certification in the field.





**Pharmacy Credit**

This program is certified for Continuing Pharmacy Education, via University Hospitals Case Medical Center, through the Ohio State Board of Pharmacy for 0.5 Continuing Education Units (C.E.U.) for Ohio Licensure only.

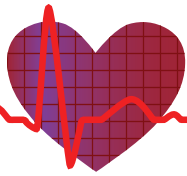
**Acknowledgment**

At the time of printing, a complete listing of industry supporters was not available. Appropriate acknowledgment will be made upon confirmation of support and at the time of the program.

**Questions?**

Contact the Ohio Chapter-ACC at 614.859.2223, FAX 404.795.9105, [ohioacc@gmail.com](mailto:ohioacc@gmail.com), or [www.ohioacc.org](http://www.ohioacc.org).





## REGISTRATION FORM

### OHIO-ACC SPRING SUMMIT 2015

#### 52nd Annual Carl J. Wiggers Memorial Lecture and 8th Annual Cardiovascular Update

Wednesday, April 29, 2015 • The Ritz-Carlton, Cleveland

First Name \_\_\_\_\_ Middle Initial \_\_\_\_\_ Last Name \_\_\_\_\_

Title/Degree \_\_\_\_\_

Hospital or Practice Name \_\_\_\_\_

Address \_\_\_\_\_ City/State/Zip \_\_\_\_\_

Daytime Phone \_\_\_\_\_ Fax \_\_\_\_\_

E-mail address \_\_\_\_\_

Are you an ACC Member? Yes\_\_\_\_ No\_\_\_\_ If Yes, ACC Member ID (6-10 digits): \_\_\_\_\_

☐ Please check here if you require special services. Attach a written description of needs.

#### 1. MEETING REGISTRATION (please check one) TOTAL

##### Physician:

☐ \$95 Register me for The Cardiovascular Update & Wiggers Lecture \$ \_\_\_\_\_

☐ \$60 Register me for The Wiggers Lecture only \$ \_\_\_\_\_

☐ \$60 Register me for The Cardiovascular Update only \$ \_\_\_\_\_

##### CV Team Member (RN, APN, PA, Pharmacist):

☐ \$85 Register me for The Cardiovascular Update & Wiggers Lecture \$ \_\_\_\_\_

☐ \$60 Register me for The Wiggers Lecture only \$ \_\_\_\_\_

☐ \$60 Register me for The Cardiovascular Update only \$ \_\_\_\_\_

##### Fellow:

☐ \$15 Register me for The Cardiovascular Update & Wiggers Lecture \$ \_\_\_\_\_

☐ \$10 Register me for The Wiggers Lecture only \$ \_\_\_\_\_

☐ \$10 Register me for The Cardiovascular Update only \$ \_\_\_\_\_

TOTAL COST \$ \_\_\_\_\_

#### 2. MEAL SELECTION for the WIGGERS LECTURE

Please check one: ☐ Fish ☐ Beef ☐ Vegetarian

#### 3. PAYMENT OPTIONS (please check one)

☐ Check payable to Ohio Chapter-ACC ☐ Visa ☐ MasterCard ☐ American Express

Cardholder Name printed \_\_\_\_\_

Account # \_\_\_\_\_ Card Security # \_\_\_\_\_ Exp. Date \_\_\_\_\_

Signature \_\_\_\_\_

Billing Address for credit card, including zip: \_\_\_\_\_

You will receive confirmation via fax or e-mail in advance of the meeting.

Register online at  
**[www.ohioacc.org](http://www.ohioacc.org)**

Please return registration form to:

#### OHIO CHAPTER- ACC MEETINGS

440 Laurel Chase Court NW  
Atlanta, GA 30327

614.859.2223  
FAX 404.795.9105

email: [ohioacc@gmail.com](mailto:ohioacc@gmail.com)

**[www.ohioacc.org](http://www.ohioacc.org)**

