



# The Ohio-ACC 25<sup>th</sup> Annual Meeting

*4th Annual Richard P. Lewis Memorial Lecture  
presented by Dr. Blase Carabello*

**Saturday, October 31, 2015**

**The Columbus Hilton at Easton  
Columbus, Ohio**

*Program Co-Directors:*  
**Jennifer Cummings, MD, FACC**  
**Sanjay Gandhi, MD, FACC**

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**AMERICAN  
COLLEGE of  
CARDIOLOGY**

*Jointly Sponsored / Co-Provided by  
The American College of Cardiology Foundation and  
the Ohio Chapter of the American College of Cardiology*



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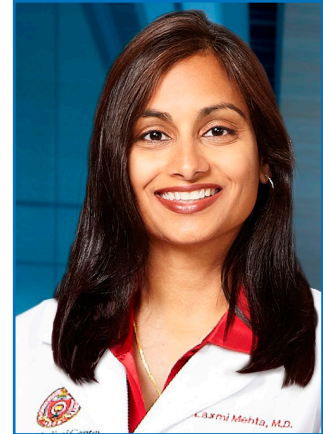
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## Message from the President

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Dear Ohio-ACC Colleague,

It is my pleasure to invite you to the Ohio-ACC's 25th Annual Meeting. Celebrating our 25th year will be made extra special with many of our past chapter presidents attending and moderating the sessions. Our annual conference is the ideal setting for the entire cardiovascular team to join together, learn and network. The program committee has crafted an agenda that reflects joint areas of interest. Please join us to celebrate 25 years together in the Ohio Chapter.



See you in October!

*Laxmi*

Laxmi S. Mehta, MD, FACC

President

Ohio Chapter of the American College of Cardiology



7:00-7:55 a.m.	<b>Registration, Exhibits, Posters, and Continental Breakfast</b>
7:55-8:00 a.m.	<b>Welcoming Remarks</b> Laxmi S. Mehta, MD, FACC
8:00-9:00 a.m.	<b>How Not to Fail Your Heart Failure Patient: Multidisciplinary Approach to the Heart Failure Patient</b> Ralph S. Augostini, MD, FACC Mary B. Chalton, CNP, CHFNP Sitramesh Emani, MD
9:00-9:30 a.m.	<b>Percutaneous Approach to Mitral Valve Regurgitation Management</b> Steven J. Yakubov, MD, FACC
10:15-11:00 a.m.	<b>Navigating the New Health Care Horizon: Report from the ACC</b> Dipti Itchhaporia, MD, FACC
11:00-11:30 a.m.	<b>Worst Nightmares and Best Saves: Case Studies</b> Daniel I. Simon, MD, FACC
11:30-12:00 p.m.	<b>Fellows-in-Training Oral Competition</b>
12:00-12:45 p.m.	<b>Lunch Break, Exhibits, Posters</b>
12:45-1:45 p.m.	<b>4th Annual Richard P. Lewis Memorial Lecture</b> <i>Low Gradient Aortic Stenosis</i> Blase A. Carabello, MD, FACC
1:45-2:00 p.m.	<b>Announcement of Poster Winners and Oral Competition Winners</b>





## A Brief History of the Richard P. Lewis Memorial Lecture

The Richard P. Lewis Memorial Lecture was established in 2012. Dr. Lewis received a B.S. degree from Yale University in 1957 and his M.D. from the University of Oregon in 1961. He interned and served a residency in internal medicine at the Peter Bent Brigham Hospital in Boston, followed by a fellowship in cardiology at the University of Oregon and a year as a senior resident in medicine at Stanford. Commissioned a captain in the US Army Medical Corps in 1966, Dr. Lewis served a two year tour as associate chief of cardiology at the Madigan Army Hospital in Tacoma, Washington. He then returned to Stanford for a year as an instructor in medicine.



Madigan was just the beginning of his military career. He remained in the US Army reserve and ultimately reached the rank of colonel. Dr. Lewis began his career at the Ohio State University School of Medicine in 1969 as an Assistant Professor of Medicine, progressing to full Professor, with fifteen years as director of the division of cardiology and ultimately as an emeritus professor who never retired from patient care and teaching.

For nearly forty years Dr. Lewis was a devoted fellow of the American College of Cardiology. His leadership roles in the College were legion, from governor for Ohio, to trustee and president of the College in 1996-1997. All the while, his passion was education and patient care. For more than 20 years he was one of the most active members of the Editorial Board of ACCEL, the College's audio journal. Over the years he did literally hundreds of interviews in this country and around the world.

But perhaps the hallmark of Dr. Lewis' contributions to the College was his dedication to innovations in cardiovascular education. He was the founding editor of the American College of Cardiology Foundation's Adult Clinical Cardiology Self-Assessment Program (ACCSAP) and editor of the seventh edition of ACCSAP at the time of his death. He was a member of the College's Lifelong Learning Committee, the CardioSmart Advisory Board, the ACCIS Editorial Board and a variety of other committees. For many years he chaired the SAP Editorial Board and was instrumental in expanding ACC educational products into international markets.

Dr. Lewis has been described as an icon of quality care and clinical excellence throughout his remarkable cardiovascular career. He was viewed as a mentor, a trusted leader and a friend by all who knew him. Although Dr. Lewis was recognized internationally as a distinguished academic cardiologist and educator, he believed, and practiced throughout his career, that for a doctor, there is no mission more sacred than giving care and comfort to every patient.



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Richard P. Lewis Memorial Lecture

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## About the 2014 Richard P. Lewis Memorial Guest Lecturer

### **Blase A. Carabello, MD, FACC**

Blase A. Carabello, MD, is Chair of Cardiology at Mount Sinai Heart at Mount Sinai Beth Israel, and also serves as Medical Director of the Heart Valve Center at The Mount Sinai Hospital.

Dr. Carabello is an internationally recognized expert in the field of valvular heart disease. He specializes in the care of patients who have complex valvular disease, and in the practice of general internal medicine.



As a leading researcher in valvular heart disease, Dr. Carabello has published more than 250 peer-reviewed research studies and 200 book chapters and editorials. He has co-authored the American Heart Association/American College of Cardiology Guidelines for the Treatment of Valvular Disease from 1998-2014. In 2009, he was honored by the American College of Cardiology as a recipient of its prestigious Distinguished Scientist Award. Dr. Carabello is past President of both the Society for Heart Valve Disease and the Association of University Cardiologists, past Vice President of the Heart Valve Society of America, and a member of the American Society for Clinical Investigation.

Prior to joining Mount Sinai, Dr. Carabello served as Chief of Cardiology at the Texas Heart Institute at St. Luke's Episcopal Health System, and Director of its Center for Heart Valve Disease. He was also Vice Chair of the Department of Medicine at Baylor College of Medicine and Chief of Medicine at the Michael E. DeBakey Veterans Administration Medical Center.

After attending Gettysburg College, Dr. Carabello graduated cum laude from Temple University School of Medicine. At Harvard Medical School, he received his residency training in internal medicine at Massachusetts General Hospital, and completed his cardiology fellowship at Brigham and Women's Hospital.



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Celebrating Our Leadership  
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## Ohio-ACC Celebrates Its Past Presidents

George I. Litman, MD, FACC	1991-1994
Albert L. Waldo MD, FACC	1994-1997
John W. Schaeffer, MD, FACC	1997-2000
Theodore D. Fraker, Jr., MD, FACC	2000-2003
Philip M. Dorfman, MD, FACC	2003-2006
William R. Lewis, MD, FACC	2006-2009
Robert E. Hobbs, MD, FACC	2009-2012
Christopher J. Cooper, MD, FACC	2012-2015



### **Program Co-Directors**

**Jennifer E. Cummings, MD, FACC**

Mercy Medical Center  
Canton, OH

**Sanjay Gandhi, MD, FACC**

MetroHealth Campus, Case Western Reserve University  
Cleveland, OH

### **Program Committee**

**Anne R. Albers, MD, PhD, FACC**

OhioHealth Heart & Vascular Physicians  
Columbus, OH

**Melanie T. Gura, RN, MSN, CNS, CCDS, AACC - Nurse Planner**

Northeast Ohio Cardiovascular Specialists  
Akron, OH

**Laxmi S. Mehta, MD, FACC**

The Ohio State University  
Columbus, OH

**Shirlien Metersky, MSN, CNP, CCRN-CMC**

OhioHealth Heart & Vascular Physicians  
Columbus, OH

**Cindy White, RN, MS, CCRN, ACNP-BC**

Good Samaritan Heart and Vascular Wellness Center  
Good Samaritan Hospital  
Dayton, OH



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Invited Faculty

**Ralph S. Augostini, MD, FACC**

The Ohio State University  
Columbus, OH

**Blase A. Carabello, MD, FACC**

Mount Sinai Beth Israel  
New York, NY

**Mary B. Chalton, CNP, CHFNP**

The Ohio State University  
Columbus, OH

**Sitramesh Emani, MD**

The Ohio State University  
Columbus, OH

**Dipti Itchhaporia, MD, FACC**

Newport Coast Cardiology  
Newport Beach, CA

**Daniel I. Simon, MD, FACC**

University Hospitals - Case Medical Center  
Cleveland, OH

**Steven J. Yakubov, MD, FACC**

OhioHealth Heart & Vascular Physicians  
Columbus, OH





Visit <http://www.ohioacc.org/25th-annual-meeting/> for submission details.

All current Ohio fellows in an Ohio cardiology training program and all current Ohio-ACC CV Team Members (RN, NP, CNS, PA, PharmD) are invited to present their research (past or present) during the poster session, scheduled for Saturday, October 31. Eligible posters may present recent data, case study\* or information that has been presented previously at a local or national meeting. The abstracts will be judged in advance to select the top two abstracts for oral presentation. The rest of the accepted abstracts will be presented as posters and judged at the poster presentation on Saturday, October 31. There are cash prizes!

Visit <http://www.ohioacc.org/25th-annual-meeting/>

\*If you submit a case study:

1. Case reports should be of a rare, unusual, or unexpected finding in a patient;
2. The diagnosis should be known or the workup as complete as possible (all evidence as to the diagnosis should be included);
3. There should be a brief review of the literature including numbers of patients with similar findings/outcomes, risk factors, how it has been evaluated/treated, and outcomes where known;
4. The case should include as much follow-up as is available;
5. Pathology slides and supporting evidence should be included.



### Statement of Need

Cardiovascular care is rapidly evolving with new technologies. Healthcare providers need periodic educational updates on emerging clinical trials and advances in patient management. They need to learn from case scenarios applicable to daily practice and gain knowledge of changes to practice guidelines, so they can apply evidence-based research to their patient management decisions.

### Overall Goal

The overall goal of this activity is to increase learner competence by discovering strategies to anticipate research-driven changes in practice, to enhance professional growth, and to demonstrate efficacy in team based patient care practice as new clinical approaches and technologies change. The Ohio Chapter-ACC Annual Meeting will include education that provides needs-based learning covering a thorough overview of heart failure, mitral valve regurgitation, health care legislation, and aortic valve disease and improving performance by using appropriate guidelines based treatment.

### Learner Objectives

Upon completion of this program, participants should be able to:

- Employ latest advancements in the management of the heart failure patient.
- Discuss the pathophysiology, contemporary work-up, medical management, conventional surgical as well as newer endovascular treatments of mitral valve regurgitation.
- Review new tools and regulations that impact the practice environment and highlight the crucial role that ACC plays in shaping the practice environment of the future.
- Review recent trials, guidelines and appropriate use criteria related to cardiovascular diseases and procedures including but not limited to: ischemic heart disease, valve disease, STEMI/NSTEMI, heart failure, adult congenital heart disease, atrial fibrillation and anticoagulation.
- Discuss the newer available therapies for aortic valve disease, including TAVR, and appropriately refer patients for these treatments.

### Target Audience

Adult Cardiologists, Pediatric Cardiologists, Cardiothoracic Surgeons, Cardiology Fellows-in-Training, Nurses, Nurse Practitioners, Clinical Nurse Specialists, Physician Assistants, Pharmacists



### **ACCF Disclosure & COI Policy Statement**

ACCF/Chapter committee members, faculty, staff and other individuals who are in a position to control the content of this activity are required to disclose all real or apparent conflicts of interest. All relevant potential conflicts of interest that are identified are thoroughly vetted through a process that includes course directors and appropriate peer review by education committee chairs/members, for fair balance, scientific objectivity and validity, patient care and safety recommendations. Full disclosure will be published in the syllabus.

### **Accreditation**

#### **Physicians**

This activity has been planned and implemented in accordance with the Essential Areas and policies of the Accreditation Council for Continuing Medical Education through the joint sponsorship of the American College of Cardiology Foundation and the Ohio Chapter of the American College of Cardiology. The American College of Cardiology Foundation is accredited by the ACCME to provide continuing medical education for physicians.

The ACCF designates this live educational activity for a maximum of 4.25 *AMA PRA Category 1 Credit(s)*<sup>™</sup>. Physicians should only claim credits commensurate with the extent of their participation in the activity.

#### **Nurses**

American College of Cardiology Foundation is accredited as a provider of continuing nursing education by the American Nurses Credentialing Center's Commission on Accreditation.

The ACCF designates this educational activity for a maximum of 4.25 continuing education hours. Requirement for successful completion is attendance at the program in its entirety and completing the evaluation tool.

While offering CME and CNE credits noted above, this program is not intended to provide extensive training or certification in the field.

### **Acknowledgment**

At the time of printing, a complete listing of industry supporters was not available. Appropriate acknowledgment will be made upon confirmation of support and at the time of the program.



### Registration

You may register online at [www.ohioacc.org](http://www.ohioacc.org). The registration fee for the meeting includes educational materials, continental breakfast, breaks and lunch.

### Physician

- Ohio-ACC Member - \$90
- Non-Member Physician - \$100

### Cardiovascular Team Member (RN, APN, PA, Pharmacist) or Cardiovascular Administrator

- Ohio-ACC Member - \$60
- Non-Member - \$70

### Fellow in Training

- FREE with pre-registration

### Cancellations

Cancellation requests must be received by October 23, 2015. No refunds will be made after that date.

### Meeting Location

Hilton Columbus at Easton  
3900 Chagrin Drive  
Columbus, OH 43219  
(614) 414-5000

### Accommodations

Call The Hilton Columbus at Easton for room reservations by September 29, and mention the Ohio-ACC meeting. The special discounted rate is \$186 + tax. Guest check in is 4:00 P.M. Guest check out is 12 Noon.

**Questions? Call 1-800-983-OHIO or 614-859-ACC3.**

Please return registration form to:

FAX: 404.795.9105

– or –

**Ohio Chapter-ACC  
Annual Meeting**

440 Laurel Chase Court  
Atlanta, GA 30327

614-859-2223

1-800-983-OHIO

FAX 404-795-9105

email:

ohioacc@gmail.com

[www.ohioacc.org](http://www.ohioacc.org)



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**REGISTRATION FORM • Register online at [www.ohioacc.org](http://www.ohioacc.org)**

**Ohio Chapter ACC 25th Annual Meeting  
4th Annual Richard P. Lewis Memorial Lecture  
The Columbus Hilton at Easton**

First Name \_\_\_\_\_ Middle Initial \_\_\_\_\_

Last Name \_\_\_\_\_

Title/Degree: ☐ MD ☐ DO ☐ MBBS ☐ CNM ☐ CNP ☐ CNS ☐ CRNA  
☐ LPN ☐ PA ☐ PhD ☐ PharmD ☐ RN ☐ RPh

Company Name \_\_\_\_\_

Address \_\_\_\_\_

City/State/Zip \_\_\_\_\_

Daytime Phone \_\_\_\_\_ Fax \_\_\_\_\_

E-mail address \_\_\_\_\_

Are you an ACC Member ID? ☐ Yes ☐ No

If yes, please provide your ACC Member ID (6-10 digits):

\_\_\_\_\_

**1. Meeting Registration (please check one)**

**TOTAL**

Physician:

☐ Ohio-ACC Member - \$90 \$ \_\_\_\_\_  
☐ Non-Member - \$100 \$ \_\_\_\_\_

Cardiovascular Team Member (RN, NP, CNS, PA, PharmD)  
or Cardiovascular Administrator:

☐ Ohio-ACC Member - \$60 \$ \_\_\_\_\_  
☐ Non-Member - \$70 \$ \_\_\_\_\_

☐ Fellow in Training - \$0 \$ \_\_\_\_\_

**TOTAL COST** \$ \_\_\_\_\_

**2. Meeting Participation (check all that apply)**

☐ General Scientific Session  
☐ Presenting a Poster in the Poster Competition

**3. Payment Options (please check one)**

☐ Check payable to Ohio Chapter-ACC ☐ Credit card

Cardholder Name printed \_\_\_\_\_

☐ Visa ☐ MasterCard ☐ American Express

Account # \_\_\_\_\_

Card Security # \_\_\_\_\_ Expiration Date \_\_\_\_\_

Signature \_\_\_\_\_

Billing Address for credit card, including zip:

\_\_\_\_\_

**You will receive confirmation by e-mail in advance of the meeting.**