55th Annual Carl J. Wiggers Memorial Lecture

Divulging the Mystery: Diastology for the Clinician
Presented by Rick A. Nishimura, MD, MACC

Preceded by the 11th Annual Cardiovascular Update

Jointly Provided by
The American College of Cardiology Foundation and
The Ohio Chapter of the American College of Cardiology
Ohio-ACC Spring Summit 2018
Eleventh Annual Cardiovascular Update

Wednesday, March 28, 2018
12:15-5:30 p.m.
The Ritz-Carlton, Cleveland
Cleveland, OH

Special Women in Cardiology Networking Lunch for MDs and DOs
Join your female cardiologist colleagues for a networking lunch at the Ritz-Carlton, Cleveland TURN Restaurant at 11:30 a.m.

12:15-12:55 p.m. Registration & Exhibits

12:55 p.m. Welcome and Introductions
Sanjay Gandhi, MD, FACC and Jennifer Dicken, BSN, RN-BC, AACC

1:00-2:00 p.m. What’s Hot in EP: His-Bundle Pacing, Risk Factor Management in Atrial Fibrillation, and Clinical Trial Updates
Anish Amin, MD, Sreedhar R. Billakanty, MD, and S. Kay Nichols, MS, RN, CNP, CCRN

2:00-3:00 p.m. Care of the Athletic Heart
Dermot M. Phelan, MD, PhD, FACC

3:00-3:30 p.m. Break

3:30-4:30 p.m. Starting or Resuming Anticoagulation or Antiplatelet Therapy after ICH: A Neurology Perspective
Christine L. Ahrens, PharmD, BCPS and Cathy Sila, MD

4:30-5:30 p.m. Incorporating New Devices and Medicines in Heart Failure
Randall C. Starling, MD, MPH, FACC
Ohio-ACC Spring Summit 2018

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5:30-8:45 p.m.
The Ritz-Carlton, Cleveland
Cleveland, OH

5:30-6:30 p.m.  Registration and Reception

6:30 p.m.        Dinner

7:15-8:45 p.m.  55th Annual Carl J. Wiggers Memorial Lecture

   Divulging the Mystery: Diastology for the Clinician
   Rick A. Nishimura, MD, MACC, Guest Lecturer

A Brief History of the Carl J. Wiggers Memorial Lecture

The Carl J. Wiggers Memorial Lecture was established in 1963, the year of Dr. Wiggers’ death. He retired in 1953 as Chairman of the Department of Physiology at Western Reserve University. He was President of the American Physiological Society and wrote almost 400 scientific papers and eight textbooks. He founded the journal Circulation Research in 1952. His legacy, however, is that he trained many of the world’s cardiovascular leaders. Carl Wiggers personally trained 38 department heads and/or research directors.
About the 2018 Carl J. Wiggers Memorial Guest Lecturer

**Rick A. Nishimura, MD, MACC**

Dr. Nishimura is the Judd and Mary Morris Leighton Professor of Cardiovascular Diseases and Professor of Medicine at the Mayo Clinic College of Medicine. He currently has an active clinical practice in the Department of Cardiovascular Medicine with a particular interest in hypertrophic cardiomyopathy, valvular heart disease and pericardial disease. Dr. Nishimura’s clinical research areas have involved the field of cardiovascular hemodynamics. He is the Director of the Knowledge Management Program at for the Mayo Foundation, under the Office of Information Knowledge Management. He is a Master of the American College of Cardiology and Master of the American College of Physicians. He currently serves as Chair of the ACC/ AHA Valvular Heart Disease Guideline Committee and is the chair of the ACC Digital Strategy Committee. He has received the ACC Presidential Citation Award, the ACC Master Teacher Award, the American Heart Association Laennec Clinician/Educator Award, as well as the Mayo Clinic Distinguished Educator Award and the Mayo Clinic Distinguished Clinician Award. He directs the Mayo Clinic Cardiovascular Board Review Course and has been involved in national educational activities at the ACC for the past 30 years.
CV Team Planning Committee

Sandra L. Smith, RN, MSN, CNP, AACC
Activity Program Co-Director
Adult Nurse Practitioner
Cardiology/Electrophysiology
Heart & Vascular Institute
Cleveland Clinic
Cleveland, OH

Robert Barcelona, PharmD, BCPS
Clinical Pharmacy Specialist, Cardiology
Department of Pharmacy Services
UH Cleveland Medical Center
Cleveland, OH

Kim V. Cheramie, MSN, RN-BC
Lead Nurse Planner
American College of Cardiology
Washington, DC

Elizabeth Dick, MSN, ACNP-BC, CVNP-BC
Cardiovascular Nurse Practitioner
Marietta Memorial Hospital
Marietta, OH

Shirlien Metersky, MSN, CNP, CCRN-CMC
Cardiology Nurse Practitioner
OhioHealth Heart & Vascular Physicians
Columbus, OH

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Carl J. Wiggers Memorial Lecture Planning Committee

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Activity Program Co-Director
Chief of Cardiology
MetroHealth System
Professor of Medicine
CWRU School of Medicine
Cleveland, OH

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Lead Nurse Planner
American College of Cardiology
Washington, DC

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Medical Director - Heart, Vascular and Pulmonary Center
MetroHealth Medical Center
President-Elect, Ohio Chapter of the American College of Cardiology
Cleveland, OH

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Gates Mills, OH

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Academy of Medicine
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Medical Director, Non-Invasive Echo Laboratory
UH Cleveland Medical Center
Professor of Medicine
CWRU School of Medicine
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Medical Director, CVP Rehabilitation
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Cleveland, OH

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Cleveland, OH

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Director Cardiovascular Fellowship,
Associate Director C5
Professor of Medicine
Cleveland Clinic Lerner College of Medicine,
Case Western Reserve University
Cleveland Clinic
Cleveland, OH

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Northeast Ohio Cardiovascular Specialists
Akron, OH

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North Ohio Heart Center
Lorain, OH

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North Ohio Heart Center
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Clinical Specialist-Neurocritical Care
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Cardiac Electrophysiologist
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Columbus, OH

Sreedhar R. Billakanty, MD
Cardiac Electrophysiologist
OhioHealth
Columbus, OH

S. Kay Nichols, MS, RN, CNP, CCRN
Nurse Practitioner in Pacing and Electrophysiology
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Rochester, MN

Dermot M. Phelan, MD, PhD, FACC
Medical Director of the Sports Cardiology Center
Sydell and Arnold Miller Family Heart & Vascular Institute
Staff Cardiologist
Section of Cardiovascular Imaging
Robert and Suzanne Tomsich Department of Cardiovascular Medicine
Cleveland Clinic
Cleveland, OH

Cathy A. Sila, MD
Professor, Neurology, CWRU School of Medicine
Program Director, Vascular Neurology
Director, Comprehensive Stroke Center
Vice Chairman, Department of Neurology
UH Cleveland Medical Center
Director, Stroke Center, Neurological Institute
University Hospitals
Cleveland, OH

Randall C Starling, MD, MPH, FACC
Head, Section of Heart Failure and Cardiac Transplant Medicine
Medical Director of the Kaufman Center for Heart Failure
Staff Cardiologist
Robert and Suzanne Tomsich Department of Cardiovascular Medicine
Vice Chairman of Cardiovascular Medicine, Operations
Cleveland Clinic
Cleveland, OH
General Information

Registration
The registration fee for the meeting includes educational materials. The Wiggers Lecture includes reception and dinner. Please note that parking is not included in the registration fee.

Physician:
- $95 - The Cardiovascular Update & Wiggers Lecture
- $60 - The Wiggers Lecture only
- $60 - The Cardiovascular Update only

CV Team Member (RN, APN, PA, Pharmacist, CV Administrator):
- $85 - The Cardiovascular Update & Wiggers Lecture
- $60 - The Wiggers Lecture only
- $60 - The Cardiovascular Update only

Fellow:
- $15 - The Cardiovascular Update & Wiggers Lecture
- $10 - The Wiggers Lecture only
- $10 - The Cardiovascular Update only

You can register online at www.ohioacc.org.

Cancellations
Cancellation requests must be received by Wednesday, March 21, 2018. No refunds will be made after that date.

Meeting Location
The Ritz-Carlton Cleveland
1515 West Third Street
Cleveland, Ohio 44113
(216) 623-1300
Statement of Need
Cardiovascular care is rapidly evolving with new technologies. Healthcare providers need periodic educational updates on emerging clinical trials and advances in patient management. They need to learn from case scenarios applicable to daily practice and gain knowledge of changes to practice guidelines, so they can apply evidence-based research to their patient management decisions.

Overall Goal
The overall goal of this activity is to increase learner competence by discovering strategies to anticipate research-driven changes in practice, to enhance professional growth, and to demonstrate efficacy in team based patient care practice as new clinical approaches and technologies change.

Learner Objectives
Upon completion of this program, participants should be able to:
- Employ latest advancements in the management of the heart failure patient.
- Identify guideline-driven, practical, cardiovascular care strategies for the contemporary athlete including professional, recreational or occupational patients.
- Discuss the pros and cons of the reintroduction of oral anticoagulant/antiplatelet treatment post-intracranial hemorrhage.
- Compare and contrast the most current treatment strategies for atrial fibrillation.
- Discuss the use of Doppler flows to diagnose and aid in treatment of diastolic dysfunction.

Target Audience
Adult Cardiologists, Pediatric Cardiologists, Cardiothoracic Surgeons, Cardiology Fellows-in-Training, Internal Medicine Physicians, Private Practice Physicians, Nurses, Nurse Practitioners, Clinical Nurse Specialists, Physician Assistants, Pharmacists
Disclosure Policy

As a provider accredited by the Accreditation Council for Continuing Medical Education (ACCME) and the American Nurses Credentialing Center (ANCC), the American College of Cardiology Foundation (ACCF) must ensure balance, independence, objectivity and scientific rigor in all of their directly provided or jointly provided/co-provided educational activities. Planners, presenters, and other contributors, in a position to control the content are required to disclose to the audience all relevant financial relationships he/she and/or his/her spouse or domestic partner may have, occurring within the past 12 months, with any entity producing, marketing, re-selling, or distributing health care goods or services consumed by, or used on, patients. When an unlabeled use of a commercial product or an investigational use not yet approved for any purpose is discussed during an educational activity, the contributor should disclose that the product is not labeled for the use under discussion or that the product is still investigational.

ACCF is committed to providing its learners with high-quality activities and materials that promote improvements and quality in health care and not a specific proprietary business or commercial interest. The intent of this disclosure is not to prevent participation in educational activities by persons with a financial or other relationship, but rather to provide learners with information on which they can make their own determination whether financial interests or relationships may influence the education activity.

ACCF assesses conflicts of interest (COI) with its faculty, planners, managers, staff and other individuals who are in a position to control the content of CME/CNE activities. All relevant potential conflicts of interest that are identified are thoroughly vetted through a process that includes course directors and appropriate peer review by education committee chairs/members, for fair balance, scientific objectivity and validity, and patient care and safety recommendations.
Accreditation

Physicians
This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint providership of the American College of Cardiology Foundation and Ohio Chapter of the American College of Cardiology. The American College of Cardiology Foundation is accredited by the ACCME to provide continuing medical education for physicians.

The ACCF designates this live educational activity for a maximum of 5.5 AMA PRA Category 1 Credit(s)™. Physicians should only claim credits commensurate with the extent of their participation in the activity.

Nurses
American College of Cardiology Foundation is accredited as a provider of continuing nursing education by the American Nurses Credentialing Center’s Commission on Accreditation.

The ACCF designates this live educational activity for a maximum of 5.5 CNE contact hours (2.0 CNE Pharmacotherapeutic contact hours). Each attendee should only claim credits commensurate with the extent of their participation in the activity.

While offering credits noted above, the course is not intended to provide extensive training or certification in this field.

Acknowledgment
At the time of printing, a complete listing of industry supporters was not available. Appropriate acknowledgment will be made upon confirmation of support and at the time of the program.

Questions?
Contact the Ohio Chapter-ACC at 614.859.2223 or 800.983.6446, FAX 404.795.9105, ohioacc@gmail.com, or www.ohioacc.org.
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First Name ___________________________  Middle Initial _______  Last Name ___________________________
Title/Degree ___________________________________________________________________________________________________________________________
Hospital or Practice Name ____________________________________________________________________________________________________________
Address _________________________________________________________________  City/State/Zip _____________________________________________
Daytime Phone _________________________________________________________   Fax _______________________________________________________
E-mail address ________________________________________________________________________________________________________________________
Are you an ACC Member?     Yes____    No____      If Yes, ACC Member ID (6-10 digits): ___________________________________________
❑  Please check here if you require special services.  Attach a written description of needs.

1. MEETING REGISTRATION  (please check one)   TOTAL

Physician:
❑ $95  Register me for The Cardiovascular Update & Wiggers Lecture  $___________
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Fellow:
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❑ $10  Register me for The Wiggers Lecture only  $___________
❑ $10  Register me for The Cardiovascular Update only  $___________

TOTAL COST  $___________

2. MEAL SELECTION for the WIGGERS LECTURE
Please check one:  ❑ Fish  ❑ Beef  ❑ Vegetarian

3. PAYMENT OPTIONS  (please check one)
❑ Check payable to Ohio Chapter-ACC  ❑ Visa  ❑ MasterCard  ❑ American Express

Cardholder Name printed _____________________________________________________________________________________________________________
Account # _______________________________________________  Card Security # _____  Exp. Date __________
Signature ____________________________________________________________________________________________________________________________
Billing Address for credit card, including zip: _______________________________________________________________________________________

You will receive confirmation via fax or e-mail in advance of the meeting.