



The Ohio Chapter of the
American College of Cardiology
presents

THE OHIO-ACC SPRING SUMMIT 2020

Saturday, April 18, 2020
The Ritz-Carlton, Cleveland

13th Annual Cardiovascular Team Update
followed by the
57th Annual Carl J. Wiggers Memorial Lecture
Residual Cardiovascular Risk in Statin-Treated Patients with Elevated Triglyceridwes:
Now We Can REDUCE-IT
Deepak Bhatt, MD, FACC



AMERICAN
COLLEGE of
CARDIOLOGY



Ohio
CHAPTER

Jointly Provided by
The American College of Cardiology Foundation and the
Ohio Chapter of the American College of Cardiology



OHIO-ACC SPRING SUMMIT 2020

13th Annual Cardiovascular Team Update

Saturday, April 18, 2020

7:00 a.m. - 1:30 p.m.

**The Ritz-Carlton, Cleveland
Cleveland, OH**

- 7:00-7:55 a.m. **Registration, Continental Breakfast & Exhibits**
- 7:55 a.m. **Welcome and Introductions**
Jennifer Dicken, BSN, RN-BC, AACC, Sanjay Gandhi, MD, MBA, FACC, and
Joseph F. Pietrolungo, DO, FACC
- 8:00-8:45 a.m. **Advanced Therapies & Management for Acute Decompensated Heart Failure: Case Studies**
Julie Gee, MSN, CNP and Michael P. Zacharias, DO, FACC
- 8:45-9:30 a.m. **Managing Atrial Fibrillation After Left Atrial Appendage Closure- Cardioversions,
Antiarrhythmics, and Ablation**
Oussama M. Wazni, MD, FACC
- 9:30-10:00 a.m. **Break & Exhibits**
- 10:00-10:45 a.m. **SYNTAX Extended Survival Study-10 year Survival PCI vs CABG**
Jaikirshan J. Khatri, MD, FACC and Joseph F. Sabik, MD, FACC
Naim Farhat, MD, FACC, Moderator
- 10:45 a.m.-11:30 a.m. **A Review of Cardiovascular Outcome Trials with Diabetes Therapies**
Ashish Aneja, MD, FACC and Megan Valente, PharmD, BCACP
- 11:30 a.m. -12:00 p.m. **Networking Break & Exhibits**
- 12:00 p.m.-1:30 p.m. **57th Annual Carl J. Wiggers Memorial Lecture Luncheon**
***Residual Cardiovascular Risk in Statin-Treated Patients with Elevated Triglycerides:
Now We Can REDUCE-IT***
Deepak Bhatt, MD, FACC



A Brief History of the Carl J. Wiggers Memorial Lecture



The Carl J. Wiggers Memorial Lecture was established in 1963, the year of Dr. Wiggers' death. He retired in 1953 as Chairman of the Department of Physiology at Western Reserve University. He was President of the American Physiological Society and wrote almost 400 scientific papers and eight textbooks. He founded the journal **Circulation Research** in 1952. His legacy, however, is that he trained many of the world's cardiovascular leaders. Carl Wiggers personally trained 38 department heads and/or research directors.



About the 2020 Carl J. Wiggers Memorial Guest Lecturer



Deepak L. Bhatt MD, MPH, FACC, FAHA, FSCAI, FESC

Deepak L. Bhatt is the Executive Director of Interventional Cardiovascular Programs at Brigham and Women's Hospital Heart & Vascular Center and Professor of Medicine at Harvard Medical School.

After graduating as valedictorian from Boston Latin School, Dr. Bhatt obtained his undergraduate science degree as a National Merit Scholar at the Massachusetts Institute of Technology while also serving as a research associate at Harvard Medical School. He received his medical doctorate from Cornell University and a Master in

Public Health with a concentration in clinical effectiveness from Harvard University. His internship and residency in internal medicine were at the Hospital of the University of Pennsylvania, and his cardiovascular training was at Cleveland Clinic. He also completed fellowships in interventional cardiology and cerebral and peripheral vascular intervention and served as Chief Interventional Fellow at Cleveland Clinic, where he spent several years as an interventional cardiologist and an Associate Professor of Medicine. He served for many years as Director of the Interventional Cardiology Fellowship, Associate Director of the Cardiovascular Medicine Fellowship, and Associate Director of the Cardiovascular Coordinating Center. He was then recruited to be the Chief of Cardiology at VA Boston Healthcare System and served in that role for several years. He was selected by Brigham and Women's Hospital as the 2014 Eugene Braunwald Scholar. He has been listed in Best Doctors in America from 2005 to 2018. He received the Eugene Braunwald Teaching Award for Excellence in the Teaching of Clinical Cardiology from Brigham and Women's Hospital in 2017 and the ACC's Distinguished Mentor Award in 2018.

Dr. Bhatt's research interests include acute coronary syndromes, preventive cardiology, and advanced techniques in cardiac, cerebral, and peripheral intervention. He has authored or co-authored over 1250 publications and is listed as a Thomson Reuters/Clarivate Analytics Highly Cited Researcher. He is the Editor of **Cardiovascular Intervention: A Companion to Braunwald's Heart Disease and Atherothrombosis in Clinical Practice** published by Oxford University Press. He was the international PI for the CHARISMA and CRESCENDO trials and co-PI of the three CHAMPION trials. He served as chair of COGENT and co-PI of STAMPEDE. He serves as co-chair of the REACH registry and chairs REDUCE-IT, SCORED, and SOLOIST. He is co-PI of SAVOR-TIMI 53, SYMPLICITY HTN-3, and THEMIS. In 2014, he was listed in the AHA/ASA top ten advances in heart disease and stroke research (for STAMPEDE and SYMPLICITY HTN-3); in 2018, REDUCE-IT was listed and named the top cardiology trial by NEJM. He was the inaugural Chair of the AHA-GWTG Quality Oversight Committee. He served as a Trustee of the ACC. He is Senior Associate Editor for News and Clinical Trials for ACC.org. He is the Editor of the peer-reviewed **Journal of Invasive Cardiology** and Editor-in-Chief of the **Harvard Heart Letter** for patients.



CV Team Planning Committee

Jennifer Dicken, BSN, RN-BC, AACC
Activity Program Co-Director
Materials Clinical Coordinator
Fairfield Medical Center
Lancaster, OH

Kelly Bartsch, BCPS, CLS, PharmD
The Ohio State State University Wexner Medical
Center
Columbus, OH

Sherry L. Donaworth, DNP, ACNP, FNP
University of Cincinnati
Cincinnati, OH

Amanda Hall, AGACNP-BC
University Hospitals Health System
Cleveland, OH

Shirlien Metersky, MSN, CNP, CCRN-CMC
OhioHealth Heart & Vascular Physicians
Columbus, OH

Amy Morris, MBA, BSN, RN, CCRN
OhioHealth
Columbus, OH

Geoffrey T. Patty, BSN, AACC
University Hospitals Geauga Medical Center
Harrington Heart and Vascular Institute
Chardon, OH

Kathleen A. Rizer, MSOL, BSN, RN, NEA-BC
Heart & Vascular / Cancer Care / Endoscopy
MetroHealth Medical Center
Cleveland, OH

Andrea Robinson, MSN, ACNP
OhioHealth Heart and Vascular Physicians
Columbus, OH

Sandra L. Smith, RN, MSN, CNP, AACC
Heart & Vascular Institute
Cleveland Clinic
Cleveland, OH

Carl J. Wiggers Memorial Lecture Planning Committee

Joseph F Pietrolungo, DO, MS, FSVM, FACC
Activity Program Co-Director
Vice Chair Department of Cardiology
President, Summa Health Medical Group
Cardiology: NEOCS
Assistant Professor of Medicine, NEOMED
Akron, OH

Jennifer Dicken, BSN, RN-BC, AACC
Materials Clinical Coordinator
Fairfield Medical Center
Lancaster, OH

Sanjay Gandhi, MD, MBA, FACC
MetroHealth Medical Center
Cleveland, OH

Brian Hoit, MD, FACC
UH Cleveland Medical Center
CWRU School of Medicine
Cleveland, OH

Richard A. Josephson, MD, FACC
UH Cleveland Medical Center
Cleveland, OH

Samir Kapadia, MD, FACC
Cleveland Clinic
Cleveland, OH

Meera B. Kondapaneni, MD, FACC
MetroHealth Medical Center
Case Western Reserve University School
of Medicine
Cleveland, OH

John Paulowski, MD, FACC
Aultman Hospital
Canton, OH

Kara J. Quan, MD, FACC
North Ohio Heart
Lorain, OH

John W. Schaeffer, MD, FACC
North Ohio Heart
Elyria, OH

INVITED FACULTY



Julie Gee, MSN, CNP
Department of Veterans Affairs
Cleveland, OH

Michael P. Zacharias, DO, FACC
UH Cleveland Medical Center
Cleveland, OH

Oussama M. Wazni, MD, FACC
Cleveland Clinic
Cleveland, OH

Jaikirshan J. Khatri, MD, FACC
Cleveland Clinic
Cleveland, OH

Joseph F. Sabik, MD, FACC
UH Cleveland Medical Center
Cleveland, OH

Naim Farhat, MD, FACC, Moderator
North Ohio Heart
Cleveland, OH

Ashish Aneja, MD, FACC
MetroHealth Medical Center
Cleveland, OH

Megan Valente, PharmD, BCACP
MetroHealth Medical Center
Cleveland, OH



Registration

The registration fee for the meeting includes educational materials. Please note that parking is not included in the registration fee.

Physician:

- Physician Registration – \$95

Cardiovascular Team Member (RN, APN, PA, Pharmacist, CV Administrator):

- Cardiovascular Team Member Registration – \$85

Fellow-in-Training, Resident, Medical Student:

- Fellow-in-Training, Resident, Medical Student Registration – \$10

Register online: www.ohioacc.org

Cancellations

Cancellation requests must be received by Saturday, April 11, 2020. No refunds will be made after that date.

Meeting Location

The Ritz-Carlton, Cleveland
1515 West Third Street
Cleveland, Ohio 44113
(216) 623-1300

Statement of Need

Cardiovascular care is rapidly evolving with new technologies. Healthcare providers need periodic educational updates on emerging clinical trials and advances in patient management. They need to learn from case scenarios applicable to daily practice and gain knowledge of changes to practice guidelines, so they can apply evidence-based research to their patient management decisions.

Overall Goal

The overall goal of this activity is to increase learner competence by discovering strategies to anticipate research-driven changes in practice, to enhance professional growth, to enhance the cardiovascular team practice and interprofessional collaboration, and to demonstrate efficacy in patient care practice as new clinical approaches and technologies change.



Learner Objectives

Upon completion of this program, participants should be able to:

- Employ latest advancements in the management of the heart failure patient.
- Discuss current available therapies for the atrial fibrillation patient following left atrial appendage occlusion.
- Analyze the outcomes data of the SYNTAX Extended Survival Study (10 year Survival PCI vs CABG).
- Identify appropriate patients with type 2 diabetes mellitus as candidates to receive aspirin, ACE-I/ARB therapy, and statins for both primary and secondary prevention of cardiovascular events.
- Describe the results of icosapent ethyl in REDUCE-IT, the role of elevated triglycerides as a risk factor, and the recent trials of omega-3 fatty acids.

Target Audience

Adult Cardiologists, Pediatric Cardiologists, Cardiothoracic Surgeons, Cardiology Fellows-in-Training, Internal Medicine Physicians, Private Practice Physicians, Nurses, Nurse Practitioners, Clinical Nurse Specialists, Physician Assistants, Pharmacists

Disclosure Policy

As a provider accredited by the Accreditation Council for Continuing Medical Education (ACCME) and the American Nurses Credentialing Center (ANCC), the American College of Cardiology Foundation (ACCF) must ensure balance, independence, objectivity, and scientific rigor in all of their directly provided or jointly provided/co-provided educational activities.

Planners, presenters, and other contributors, in a position to control content are required to disclose to the audience all relevant financial relationships he/she and/or his/her spouse or domestic partner may have, occurring within the past 12 months, with any entity producing, marketing, re-selling, or distributing health care goods or services consumed by, or used on, patients. When an unlabeled use of a commercial product or an investigational use not yet approved for any purpose is discussed during an educational activity, the contributor should disclose that the product is not labeled for the use under discussion or that the product is still investigational.

ACCF is committed to providing its learners with high-quality activities and materials that promote improvements and quality in health care and not a specific proprietary business or commercial interest. The intent of this disclosure is not to prevent participation in educational activities by persons with a financial or other relationship, but rather to provide learners with information on which they can make their own determination whether financial interests or relationships may influence the educational activity.

ACCF assesses conflicts of interest (COI) with its faculty, planners, managers, staff and other individuals who are in a position to control the content of CME/CNE activities. All relevant potential conflicts of interest that are identified are thoroughly vetted through a process that includes course directors and appropriate peer review by education committee chairs/members, for fair balance, scientific objectivity and validity, and patient care and safety recommendations.



Accreditation

Physicians

This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint providership of the American College of Cardiology Foundation and the Ohio Chapter of the American College of Cardiology. The American College of Cardiology Foundation is accredited by the ACCME to provide continuing medical education for physicians.

The ACCF designates this live educational activity for a maximum of 4.5 AMA PRA Category 1 Credit(s)[™]. Physicians should only claim credits commensurate with the extent of their participation in the activity.

MOC

Successful completion of this CME activity, which includes participation in the evaluation component, enables the participant to earn up to 4.5 Medical Knowledge (MOC) points in the American Board of Internal Medicine's (ABIM) Maintenance of Certification (MOC) program. Participants will earn (MOC) points equivalent to the amount of CME credits claimed for the activity. It is the CME activity provider's responsibility to submit participant completion information to ACCME for the purpose of granting (ABIM) (MOC) credit.

Nurses

American College of Cardiology Foundation is accredited as a provider of continuing nursing education by the American Nurses Credentialing Center's Commission on Accreditation (Provider No. P0019).

The ACCF designates this live educational activity for a maximum of 4.50 continuing nursing education contact hours (.75 pharmacotherapeutic nursing contact hours). Each attendee should only claim credits commensurate with the extent of their participation in the activity.

While offering credits noted above, the course is not intended to provide extensive training or certification in this field.

Pharmacists

ACCF designates this continuing education activity for 4.5 contact hour(s) (4.5 CEUs) of the Accreditation Council for Pharmacy Education.

Acknowledgment

At the time of printing, a complete listing of industry supporters was not available. Appropriate acknowledgment will be made upon confirmation of support and at the time of the program.

Questions?

Contact the Ohio Chapter-ACC at 614.859.2223 or 800.983.6446, FAX 404.795.9105, ohioacc@gmail.com, or www.ohioacc.org.



OHIO-ACC SPRING SUMMIT 2020

13th Annual Cardiovascular Team Update and 57th Annual Carl J. Wiggers Memorial Lecture

Saturday, April 18, 2020 • The Ritz-Carlton, Cleveland • Cleveland, OH

First Name _____ Middle Initial _____ Last Name _____

Title/Degree _____

Hospital or Practice Name _____

Address _____ City/State/Zip _____

Daytime Phone _____ Fax _____

E-mail address _____

Designation: CNP CNS DNP DO LPN MBBS MD
 MBA MHA PA-C PhD PharmD RN
 RPh Technologist AACC FACC MACC

Are you an ACC Member? Yes No

If yes, please provide your ACC Member ID (6-10 digits): _____

Please check here if you require special services. Attach a written description of needs.

1. MEETING REGISTRATION (please check one) TOTAL

Physician:

\$95 Register me for The Spring Summit \$ _____

CV Team Member (RN, APN, PA, Pharmacist, CV Administrator):

\$85 Register me for The Spring Summit \$ _____

Fellow:

\$10 Register me for The Spring Summit \$ _____

TOTAL COST \$ _____

2. MEAL SELECTION for the WIGGERS LECTURE

Please check one: Fish Beef Vegetarian

3. PAYMENT OPTIONS (please check one)

Check payable to Ohio Chapter-ACC Visa MasterCard American Express

Cardholder Name printed _____

Account # _____ Card Security # _____ Exp. Date _____

Signature _____

Billing Address for credit card, including zip: _____

You will receive confirmation via fax or e-mail in advance of the meeting.

Register online at
www.ohioacc.org

Please return registration form to:

OHIO CHAPTER-ACC MEETINGS

440 Laurel Chase Court NW
 Atlanta, GA 30327

614.859.2223
 800.983.OHIO
 FAX 404.795.9105

email: ohioacc@gmail.com

www.ohioacc.org



AMERICAN COLLEGE of CARDIOLOGY



Ohio CHAPTER