

Prevention: The Future of Lipid-Lowering Therapies

The Physician's Perspective

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Disclosures

- Amgen, Speakers Bureau
- Novartis Advisory Board

Recent Expert Consensus Decision Panel

- 2022 ACC Expert Consensus Decision Pathway on the Role of Nonstatin Therapies for LDL-Cholesterol Lowering in the Management of Atherosclerotic Cardiovascular Disease Risk

Secondary Prevention



Adults with Clinical ASCVD

Primary Prevention



Adults with primary
severe
hypercholesterolemia
(LDL-C >190 mg/dL)



Adults with diabetes



Adults
without
diabetes

Adults with clinical ASCVD at very high risk on statin therapy for secondary prevention



≥ 50% LDL-C reduction and LDL-C < 55 mg/dL (or non-HDL < 85 mg/dL) on maximally-tolerated statin therapy

NO



Evaluate and optimize lifestyle, statin adherence, risk factor control.

Increase to a high-intensity statin, if not already taking

≥ 50% LDL-C reduction and LDL-C < 55 mg/dL (or non-HDL < 85 mg/dL) on maximally-tolerated statin therapy

1



Consider ezetimibe and/or PCSK9 mAB

≥ 50% LDL-C reduction
and LDL-C < 55 mg/dL
(or non-HDL < 85 mg/dL)
on maximally-tolerated
statin therapy

YES

NO



Referral to a lipid specialist
Referral to a RD/RDN

2



May consider bempedoic acid or inclisiran

≥ 50% LDL-C reduction and LDL-C
< 55 mg/dL (or non-HDL < 85
mg/dL) on maximally-tolerated statin
therapy

Monitor adherence to lifestyle modifications, medications and
LDL-C response to therapy. If persistent hypertriglyceridemia,
refer to the 2021 ACC ECDP on Management of
Hypertriglyceridemia.

YES



YES



YES



Criteria for Defining Patients at Very High Risk of Future ASCVD events

Major ASCVD Events

Recent ACS (within the past 12 months)

History of MI (other than recent ACS event listed above)

History of ischemic stroke

Symptomatic PAD (h/o claudication with ABI < 0.85 or previous revascularization or amputation)

High-Risk Conditions

Age \geq 65 years

Heterozygous familial hypercholesterolemia

History of prior CABG or PCI outside of the major ASCVD event

Diabetes

Hypertension

CKD (eGFR 15-59 mL/mn/1.73 m²)

Current smoking

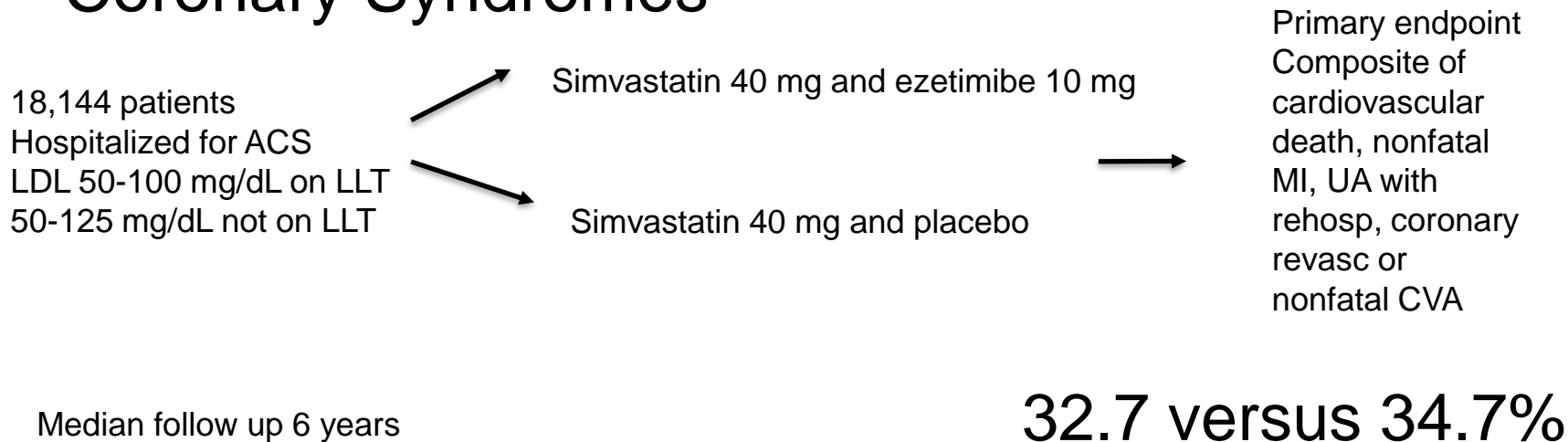
Persistently elevated LDL-C (LDL-C \geq 100 mg/dL) despite maximally tolerated statin therapy and ezetimibe

History of congestive HF

Multiple major events or 1 major event and multiple high-risk conditions

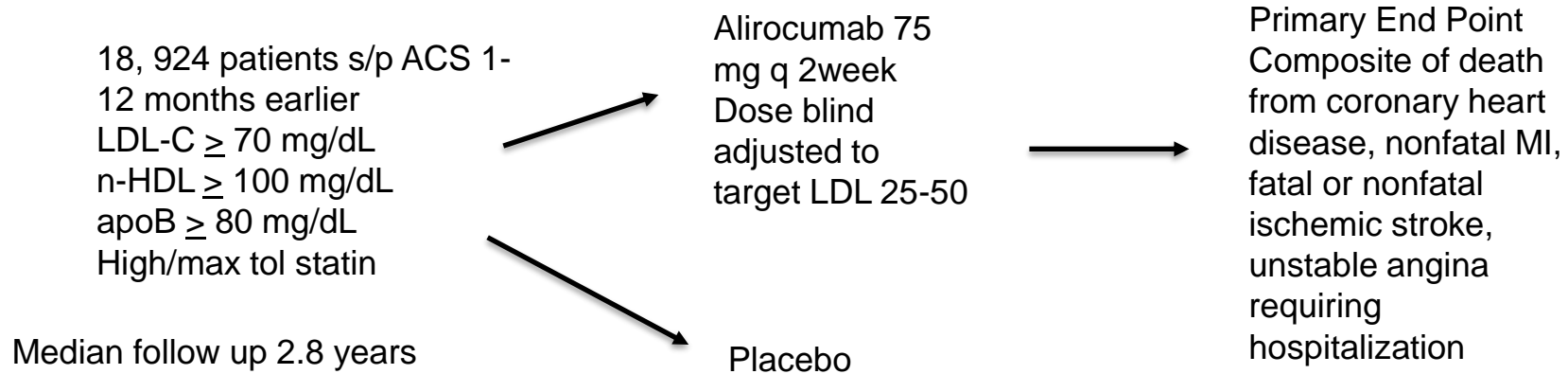
IMPROVE-IT

- Ezetimibe Added to Statin Therapy after Acute Coronary Syndromes



Odyssey Outcomes

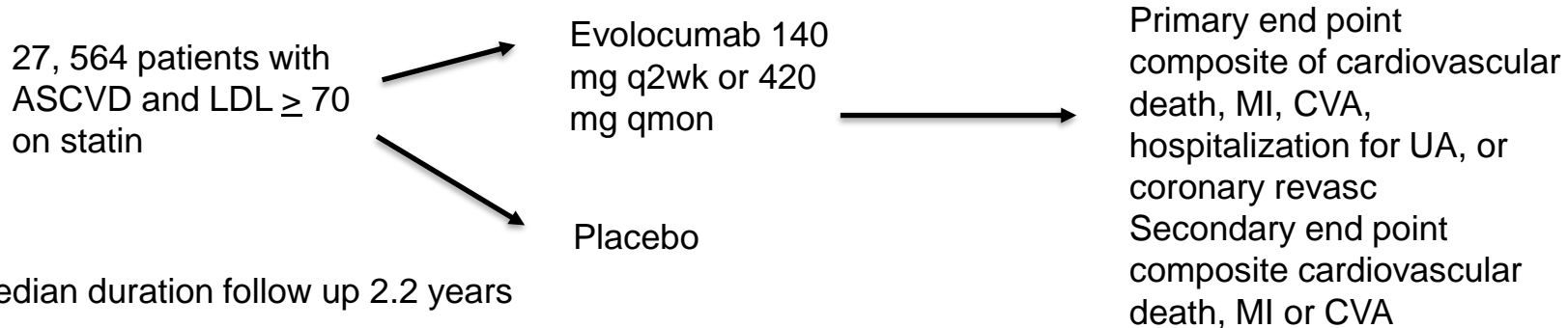
- Alirocumab and Cardiovascular Outcomes after Acute Coronary Syndrome



15% relative risk reduction in the primary end point

Fourier

- Evolocumab and Clinical Outcomes in Patients with Cardiovascular Disease



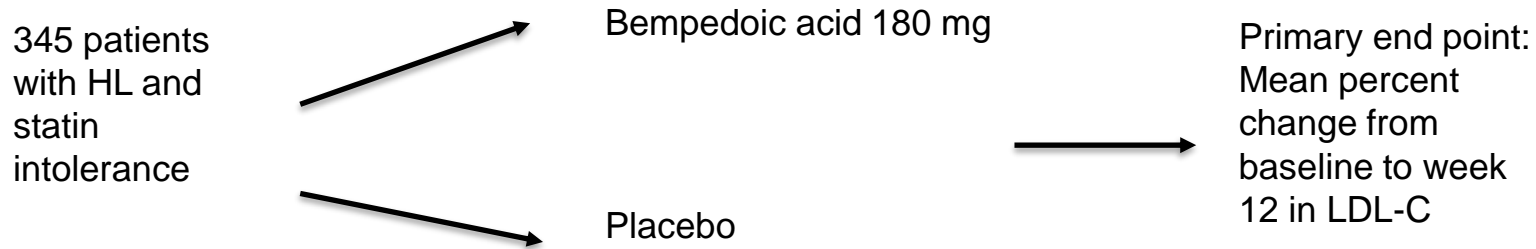
LDL-C reduction in 59% (92 mg/dL vs 30 mg/dL)

15% relative risk reduction in the primary end point

20% relative risk reduction in the secondary end point

CLEAR Serenity

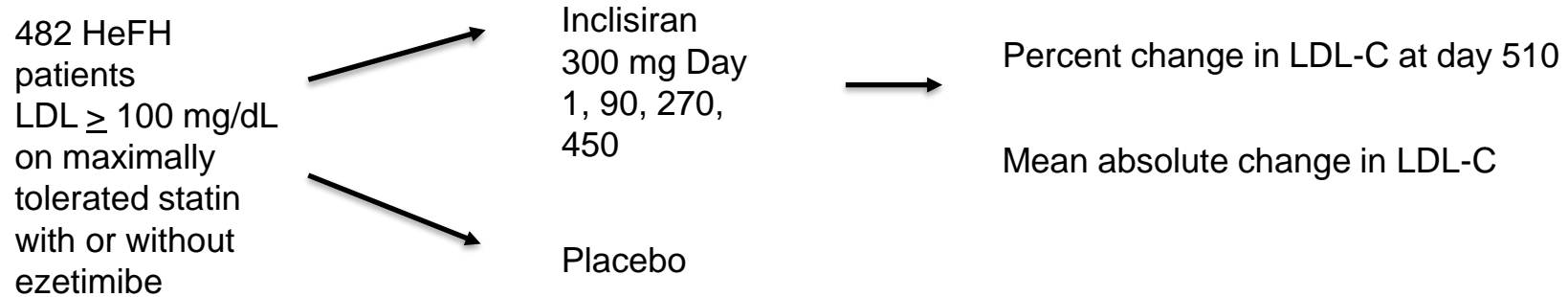
- Efficacy and safety of bempedoic acid in patients with hypercholesterolemia and statin intolerance



21% reduction in LDL-C

ORION-9

- Inclisiran for the Treatment of Heterozygous Familial Hypercholesterolemia



Percent change at day 510 was reduction in 39.7% in inclisiran, increase of 8.2% in placebo for a between group difference of -47.9%

Adults with clinical ASCVD at very high risk and baseline LDL-C ≥ 190 mg/dL not due to secondary causes with clinical diagnosis or genetic confirmation of FH on statin therapy for secondary prevention

$\geq 50\%$ LDL-C reduction and LDL-C < 55 mg/dL (or non-HDL < 85 mg/dL) on maximally-tolerated statin therapy YES

NO

Evaluate and optimize lifestyle, statin adherence, risk factor control.

Increase to a high-intensity statin, if not already taking

NO

$\geq 50\%$ LDL-C reduction and LDL-C < 55 mg/dL (or non-HDL < 85 mg/dL) on maximally-tolerated statin therapy

1

Consider ezetimibe
and/or PCSK9 mAB

2

May consider bempedoic
acid or inclisiran

3

May consider evinacumab,
lomitapide and/or LDL apheresis for
HoFH under care of a lipid specialist

YES

NO

$\geq 50\%$ LDL-C reduction
and LDL-C < 55 mg/dL
(or non-HDL < 85 mg/dL)
on maximally-tolerated
statin therapy

YES

Monitor adherence to lifestyle modifications, medications and
LDL-C response to therapy. If persistent hypertriglyceridemia,
refer to the 2021 ACC ECDP on Management of
Hypertriglyceridemia.

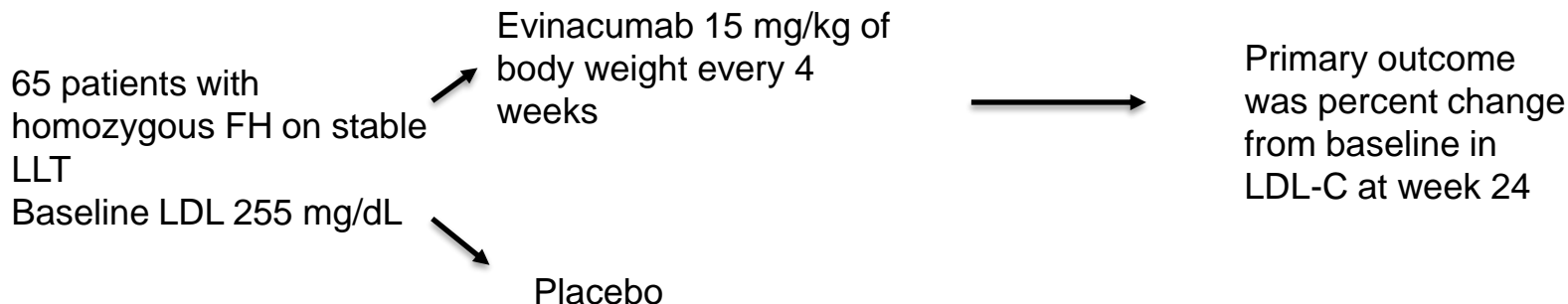
Referral to a lipid specialist
Referral to a RD/RDN

FH Diagnostic Categories		
ICD-10 Category	Clinical Criteria	With Genetic Testing Performed
Heterozygous FH	LDL-C \geq 160 mg/dL for children and \geq 190 mg/dL for adults and with 1 first-degree relative similarly affected or with premature CAD or with positive genetic testing for an LDL-C-raising gene defect (LDL receptor, apoB or PCSK9)	<ul style="list-style-type: none"> -Presence of 1 abnormal LDL-C-raising gene defect (LDL receptor, apoB or PCSK9) -Diagnosed as heterozygous FH if LDL-C-raising defect positive and LDL-C < 160 mg/dL -Occasionally, heterozygotes will have LDL-C > 400 mg/dL; they should be treated similarly to homozygotes -Presence of both abnormal LDL-C-raising gene defects (LDL receptor, apoB or PCSK9) and LDL-C-lowering gene variant(s) with LDL-C < 160 mg/dL

FH Diagnostic Criteria Cont.		
Homozygous FH	<p>-LDL-C > 400 mg/dL and 1 or both parents having clinically diagnosed FH, positive genetic testing for an LDL-C-raising gene defect (LDL receptor, apoB or PCSK9) or autosomal-recessive FH</p> <p>-If LDL-C > 560 or LDL-C > 400 mg/dL with aortic valve disease or xanthoma at < 20 years of age, homozygous FH highly likely</p>	<p>-Presence of 2 identical (true homozygous FH) or nonidentical (compound heterozygous FH) abnormal LDL-C-raising gene defects (LDL receptor, apoB or PCSK9); includes the rare autosomal-recessive type</p> <p>-Occasionally, homozygotes will have LDL-C <400 mg/dL</p>
Family history of FH	LDL-C level no a criterion; presence of a first-degree relative with confirmed FH	Genetic testing not performed

Evinacumab

- Evinacumab for Homozygous Familial Hypercholesterolemia



Relative reduction from baseline in LDL-C of 47.1%.

Use of Lipoprotein(a) in clinical practice: A biomarker whose time has come. A scientific statement from the National Lipid Association

- Comprised of the LDL-like particle and apolipoprotein(a) [apo(a)] attached to apolipoprotein B (apoB) via a disulfide bridge
- Meta-analyses of prospective, population-based studies of high Lp(a) and large Mendelian and GWA studies demonstrate and confirm high risk of MI, ischemic stroke, aortic valve stenosis, coronary artery stenosis, heart failure, cardiovascular mortality and all-cause mortality.
- An Lp(a) level >50 mg/dL (>100 nmol/L) may be considered as a risk-enhancing factor favoring the initiation of statin therapy. This level corresponds to the 80th population percentile in populations which are predominantly Caucasian

Emerging Lp(a) Therapies

- Antisense oligonucleotide pelacarsen resulted in reduction of Lp(a) by 80% given 20 mg weekly and 72% given 60 mg every 4 weeks; 98% and 81% respectively achieved Lp(a) levels < 125 nmol/L¹
- N-acetylgalactosamine (GalNAc)-conjugated siRNA olpasiran resulted in Lp(a) reductions of 71-97%²

